

Strong

Bold
Confident
Ambitious
Empowered
Sure
Determined
Secure

Unique Powerful Hardy

Tenacious Dynamic

Certain

Fear

Vulnerable
Agitated
Terrified
Tense
Avoidance
Overwhelmed
Scared

Helped

Cherished
Saved
Understood
Befriended
Healed
Empowered
Loved
Blessed
Commended
Appreciated

Happy

Accepted

Amused
Content
Loving
Glad
Pleased
Charmed
Joyful
Grateful

Embarrassed

Lonely
Ashamed
Repugnant
Inferior
Pathetic
Guilty
Isolated
Self-conscious
Confused

Sad

Desperate
Depressed
Sorrowful
Weepy
Hateful
Frustrated
Crushed
Mournful
Upset
Dismayed
Disgusted

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Optimistic



Anger

Furious Irritated Critical Fed up **Annoyed** Raging Outraged Bitter **Agitated** Disgusted Livid Resentful

Mad

Surprise

Incredulous Curious **Astonished** Splendid **Passionate Exhilarated** Replenished Mystified Delighted Shacked Stunned **Enchanted** Inquisitive Playful **Impressed**

Panic

Hurt Desperate Stunned Uncomfort able Frozen Troubled Mixed up Stuck **Anxious** Unsure

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Tired

Burned out Dull

Fatigued

Powerless

Weary

Drained

Dejected

Indifferent

Bored

Stale

Hurt

Betrayed

Jealous

Punished

Criticized

Tender

Wounded

Rejected

Confident

Comforted

Strong

Relaxed

Peace

Encouraged

Successful

Certain

Assured

Confusion

Uncertain

Unsure

Perplexed

Tense

Indecisive

Lost

Hesitant

Upset

Doubtful

Rapture

Cautious

Pushy

Misery

Annoyance

Kindhearted

Envious

Agony

Tense

Vivacious

Depressed

Revulsion

Astonishment

Watchfulness

Wrathful

Alienation

Self-satisfied

Weariness

Envy

Smug

Blue

Defeated

Generous



Earnest Affection Guilt Dismay Disapproval **Attachment** Spite Aggravation Composed **Bliss** Thrill Suffering Cheerful **Joviality** Closeness **Excited Enthralled** Resentment Kindly Woe **Aggressive** Longing **Optimism**

Timidity Apprehension Assured Harried **Enchanted** Open **Alarm** Cross Relief **Flustered** Subdued **Ecstasy** Sadness Resigned **Anticipation Assertive** Agitation Kind Admiration Insecurity Beleaguered Like Dissatisfied

Surprise Love Caring Delighted Introverted Desire Loathing Zeal Fear Jaded Lazy Vexed **Fatalistic Afraid** Hysteria Calm **Placid** Jolly Shame Roused Unhappy Agreeable **Bitterness**